GUIDANCE ON DISTRESS ALERTS

1. The Sub-Committee on Radiocommunications and Search and Rescue (COMSAR), at its thirteenth session (19 to 23 January 2009), finalized the annexed Guidance on distress alerts, describing the operating procedure for a distress alert.

2. Member Governments are invited to bring the annexed guidance to the attention of their shipowners, seafarers and all others concerned.

***
ANNEX

GUIDANCE ON DISTRESS ALERTS

LIFT COVER

PRESS RED BUTTON
until acoustic and light-indication becomes steady (more than 3 seconds)

Use the HANDSET for voice calling

MAYDAY-MAYDAY-MAYDAY
THIS IS
NAME – NAME – NAME
CALLSIGN or other IDENTIFICATION
MMSI (if the initial alert is sent by DSC)

OWN ID
SHIP'S NAME:
CALL SIGN:
MMSI:

MAYDAY
NAME of the VESSEL in distress
CALLSIGN or other IDENTIFICATION
MMSI (if the initial alert is sent by DSC)

POSITION
given as latitude and longitude
or
If latitude and longitude are not known or if time is insufficient, in relation to a known geographical location
NATURE of distress
Kind of ASSISTANCE required
Any other useful INFORMATION

DISTRESS and COMMUNICATION FREQUENCIES

<table>
<thead>
<tr>
<th></th>
<th>DSC</th>
<th>Radiotelephony</th>
<th>NBDP</th>
</tr>
</thead>
<tbody>
<tr>
<td>VHF Channel 70</td>
<td>1642 kHz</td>
<td>2114 kHz</td>
<td>1642 kHz</td>
</tr>
<tr>
<td>MF 2167.5 kHz</td>
<td>2075 kHz</td>
<td>2174.5 kHz</td>
<td></td>
</tr>
<tr>
<td>HF 4420.5 kHz</td>
<td>4425 kHz</td>
<td>4180 kHz</td>
<td>4177.5 kHz</td>
</tr>
<tr>
<td>HF 6312.0 kHz</td>
<td>6215 kHz</td>
<td>6370 kHz</td>
<td>6370 kHz</td>
</tr>
<tr>
<td>HF 8445.0 kHz</td>
<td>8291 kHz</td>
<td>8376.5 kHz</td>
<td></td>
</tr>
<tr>
<td>HF12 12577.0 kHz</td>
<td>12300 kHz</td>
<td>12520 kHz</td>
<td></td>
</tr>
<tr>
<td>HF16 16804.5 kHz</td>
<td>16420 kHz</td>
<td>16695.0 kHz</td>
<td></td>
</tr>
</tbody>
</table>

Remember to use the correct HF-procedures
Don't forget your EPIRB is the secondary means of alarming